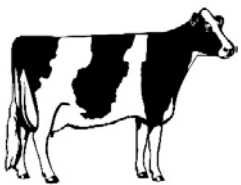




# Celebrate Summer Local!!



Alaska Grown and eating local doesn't just mean fruits and vegetables! We have compiled a brief list of the most common options that you can use in your local meals.



## Dairy

Milk (only available in Southcentral Region)

## Meat

Beef, pork, sheep, bison, yak, buffalo, goat, moose\*, reindeer\*, elk\*



## Poultry

Chicken, duck, goose, turkey, ptarmigan\*

## Fish

Salmon, trout, grayling, halibut, herring, white fish, stickleback, pollock



## Grains

Barley, oat, wheat, rye

## Honey

Comb honey, strained honey



\*The Alaska Department of Education and Early Development has procedures established for use of traditional foods and donated fish and game. For more information, go to: <https://www.eed.state.ak.us/cnp/tfdfg>